



Cheerleading & Football at it's best !

Alte Volksparkstr. 24 22525 Hamburg Phone 040/8808473 Fax 040/8804307

Ablaufplan Coaches Clinic 2014

im HAUS DES SPORTS

Alexander Otto Festsaal (1. OG)
Schäferkampsallee 1
20457 Hamburg

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|-----------------|---|
| 10.00-10.15 Uhr | Begrüßung |
| 10.15-12.45 Uhr | Coach Neuman <ul style="list-style-type: none">- Introduction of the 7 on 7 League- Working the QB Technique from head to toe through various drills- How to read / attack different coverages through the air w/
different approaches |
| 12.45-13.30 Uhr | Mittagspause |
| 13.30-16.00 Uhr | Coach Hickey <ul style="list-style-type: none">- Differences in general mechanics and drills including coaching
points for QBs in conventional, option and spread systems- How to develop a QB for the German Leagues |
| 16.00-16.10 Uhr | Pause |
| 16.10-18.40 Uhr | Coach Robinson <ul style="list-style-type: none">- linebacker characteristics- linebacker fundamental development- linebackers versus pass and run- developing 4-3 pressure packages |
| 18.20-18.30 Uhr | Feedback & Verabschiedung |